Littlegreen Academy

We've embraced thrive in our Setting

SOLENT Academies Trust

Weekly Newsletter: Friday 17th April 2026

Littlegreen Academy's Vision

Our vision is that all pupils at Littlegreen Academy will grow to be confident adults who communicate well, so that they can live healthy, happy, and successful lives.

The foundation of all our endeavours in everything we do.

Class of The Week: Halnaker

Halnaker Class has had a fantastic start to the term, with our learning firmly rooted in our school values of Accepting, Kindness, Perseverance, Courage and Ambition.

In Art, we are exploring *art inspired by music*, taking inspiration from artists Wassily Kandinsky and Jackson Pollock. The Pupils are showing great Courage and creativity as they experiment with colour, movement, and expression while responding to different pieces of music.

As part of our Character and Culture learning, we are really looking forward to visiting a residential care home. Pupils will spend time with the residents and take part in arts and craft activities, showing Kindness, respect and Acceptance while building meaningful connections within our community.

We have already begun some challenging learning in English and Maths. In Maths, pupils are developing perseverance while simplifying fractions with different denominators. In English, we will be studying biographies and then writing our own, using the skills and knowledge we have already developed.

With the sun starting to come out, we are excited to enjoy more outdoor learning and games, including rounders and cricket, encouraging teamwork, Ambition, and lots of active fun.

Halnaker Class continues to work hard and support one another—well done to everyone!

Value of the Week: Persevere

George from Willow class has shown great Perseverance with his independent writing.

Harry From Beacon Class has demonstrated amazing Perseverance by staying in class and showing amazing Maths work.

Kian from Elm Class has shown Perseverance by showing how Kind he can be to his class peers.

Cohan Jay from Oak class has shown Perseverance for trying super hard with learning a new Rap Song, well done Cohan Jay

Right Of the Week

Life, Survival and Development

Every child has the right to be alive. Governments must make sure that children survive and develop in the best possible way.

Forthcoming Events

4th May- Bank holiday- School closure
14th May- GCSEs begin
25th -29th May- Half term
1st June- Pupils return

Subject of The Week: RSHE – Relationships, Sex and Health Education

Growing Up: What Children Learn About Puberty at Each Age

- Ages 5–7 (KS1): Learning About Growing Bodies Children learn to feel safe, confident, and in control of their bodies. They learn:

  - Everyone grows and changes.
  - Simple names for body parts.
  - Some body parts are private.
  - Feelings can change, and that's okay.
  - How to ask a trusted adult for help.

- Ages 7–9 (Lower KS2): Getting Ready Children begin to understand that everyone grows at their own pace. They learn:
  - What "puberty" means in simple terms.
  - That bodies change gradually.
  - Early changes like growing taller, sweating more, or new emotions.
  - Basic hygiene habits.

- Ages 9–11 (Upper KS2): Learning Before Puberty Starts Most pupils learn the key facts before major changes begin. They learn:
  - How bodies develop towards adulthood.
  - Mood changes are normal.
  - How to manage new hygiene needs.
  - What periods are and how to manage them.
  - That erections and wet dreams are part of growing up.
  - Everyone's timeline is different.

- Ages 11–13 (Early Secondary): Understanding Changes Many young people are now experiencing puberty. They learn:
  - Why emotions may feel stronger.
  - How to care for skin, hair, and hygiene.
  - Why sleep, food, and exercise matter.
  - How friendships and feelings may shift.
  - That bodies change at different times.

- Ages 13–15 (Mid Secondary): Feeling Good About Yourself Learning focuses on confidence, wellbeing, and self-esteem. They learn:
  - How hormones affect mood and energy.
  - How to handle worries about appearance.
  - Healthy ways to manage emotions.
  - How to seek support if they feel anxious.

- Ages 15+ (Later Secondary): Preparing for Adulthood Young people learn how to look after themselves as they mature. They learn:
  - How puberty finishes and the body settles.
  - How to stay physically and emotionally healthy.
  - How to talk to a doctor or trusted adult.
  - How to understand and manage stress.

If you would like more information or resources to support conversations at home, please let us know